



The Spiritual Gift of Helps

Definition

The gift of Helps is the God-given ability to accomplish practical and necessary behind-the-scenes tasks, which frees up, supports, and meets the needs of others.

Gifts in Action

Phoebe was known for her acts of helping and serving. She supported the faith community in any way possible. She was highly regarded in the church, and Paul commended the help she gave him when he wrote his letter to the Romans. (Romans 16:1-2)

Scripture References for Helps

- 1 Corinthians 12:28
- Romans 12:7
- Acts 9:36

People With This Gift Like to...

- Serve behind the scenes wherever needed.
- See the tangible and practical things that need to be done to complete a task or project—and enjoy doing them.
- Associate spiritual value with practical service.

Characteristics of People With Helps

- Willing
- Reliable
- Loyal
- Dependable
- Helpful
- “Whatever-it-takes” attitude

Potential Ways to Use the Gift of Helps

- Office helper
- Teacher’s assistant
- Service projects
- Assistance to church visitors