



DISCUSSION GUIDE

Week Three
Philippians 1:21-26

PRAY

Take time **before** your discussion to pray with and for one another. Be sure to write down the things you'll be praying for so you can continue to pray for your group throughout the week.

→ *If you're meeting virtually, use the Chat feature to write out these requests as they are shared. Use that list as a reference during the prayer time (and you can copy & paste it for your reference later in the week).*

INTRODUCTION

What are some ways that people in our culture try to avoid thinking about death or hide the signs that death is coming? Why do people do this?

How do you cope with the death of loved ones? How do you tend to respond?

Does the pain of losing someone you love ever really go away? What does that tell us about death?

READ PHILIPPIANS 1:21-26

What does Paul mean by "for me to live is Christ, to die is gain" (v. 21)?

Which of the two options before Paul does he say is better? Which does he choose?

Notice that it was not just the promise of eternal life that allowed Paul to face death without fear, but his focus on the glory of God! How might focusing on living for the honor and glory of Christ, free you from the fear of death?

APPLY IT

How does Jesus' death and resurrection free us from the fear of death?

How does the hope we have in Christ allow us to think of the reality of death as a motivation to pursue Christ?

PRAY TOGETHER

Pray that your group would not fear death but instead trust that Jesus has conquered sin and death on our behalf. Pray that we would view the reality of death as motivation to live more fully for the glory of Christ and the spread of the gospel. Pray for the specific situations your group mentioned.