



DISCUSSION GUIDE

Week Four
Lamentations 3:19-32

PRAY

Take time **before** your discussion to pray with and for one another. Be sure to write down the things you'll be praying for so you can continue to pray for your group throughout the week.

→ *If you're meeting virtually, use the Chat feature to write out these requests as they are shared. Use that list as a reference during the prayer time (and you can copy & paste it for your reference later in the week).*

INTRODUCTION

Share a way, big or small, suffering has touched your life recently. How did you react?

Did your circumstance or your reaction to those circumstances reveal anything about the character of God? If so, what?

READ LAMENTATIONS 3:19-24

Look at v. 21. Why did Jeremiah have to take an active role in calling to mind the character of God?

What specific characteristics of God are recalled in this passage?

What is God's faithfulness NOT dependent upon? Why is that important to remember?

What does it mean to have the Lord as your portion? What are some of the other things in life you might look to other than God to be your portion?

READ LAMENTATIONS 3:25-32

Why do you think the Lord is good to those who wait for Him? What do we communicate about our faith when we are willing to wait for the Lord?

Have you ever had a season where you could do nothing except wait for God? What was that like?

What does a posture of submissiveness to God look like for you? What makes submission difficult?

APPLY IT

What are you waiting and trusting God for right now? How is He revealing His mercies during that time?

What is one example of God's faithfulness that you can think about this week to strengthen your soul?

What are some of the ways that we can help each other suffer well and remember the mercies of God?

Is there any part of your heart or life that is not in submission to God? What step can you take this week to adopt a posture of submissiveness? How can we help?

PRAY TOGETHER

Take time to pray for one another. Ask the Lord to provide for those experiencing seasons of suffering and pray for the willingness to live lives marked by submission to His will.

BIBLE // PRAYER // LIFE TOGETHER // MISSION // MULTIPLICATION